

## What is Agape?

Years ago when our church decided to participate in a Care Team for our church family, a dozen or more of us went to Birmingham to Vestavia Hills United Methodist Church for two days and took instruction from Rev. Joe Elmore on how to begin a Care Team of our own. After many meetings, several teams were formed including hospital visiting, nursing home visiting, card teams for shut-ins, and a freezer for food for those in need. Several of us wanted to help the bereaved members of our family when they are the most vulnerable. Four of us started with the name of the called "Agape," meaning God's love for us that we in turn give to others.

Our team has grown to thirty-five wonderful women of this church who are great cooks, hostesses, and anything they're called on to do. Each will drop what they are involved in to respond.

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